



MTG Instant Cath®

Instructions For Use

1. Wash hands.
2. Open package and remove contents.
3. Put on gloves and use under pad if necessary.
4. To prepare catheter: Remove cap from introducer tip. Make certain that the catheter tube is situated inside the introducer tip, but not extended through the opening of the tip. IMPORTANT – Removing the cap: When removing the cap, gently pry the cap away from the introducer tip. Do not pull the cap in an upward motion to remove it from the introducer tip as this can cause the introducer tip to be removed from the bag. Ensure that after cap removal, the introducer tip is intact and still attached to the bag. If you remove the introducer tip during cap removal, discard the entire product and get another. Do not attempt to insert the catheter without the introducer tip attached to the bag. Also, be careful not to touch the introducer tip with your fingers; doing so would compromise sterility.

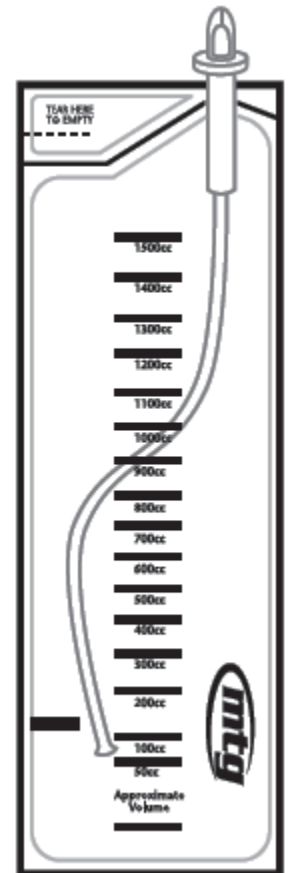
5. A. MALES:

1. Clean urethral opening (meatus) and surrounding area.
2. Hold the penis, just below the glans (head) with your non-dominant hand.
3. With your dominant hand, insert the introducer tip and catheter into the meatal opening. Hold it securely in place with your non-dominant hand.
4. Grasp the catheter tube through the bag an inch below the housing with your dominant hand and begin advancing the catheter into the urethra at 1" to 1.5" intervals.
5. Continue advancing until the catheter reaches the bladder, and urine begins to flow. Allow urine to flow until the bladder is empty or the bag is full.

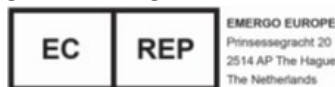
Coude Tip: The Blue indicator line on the catheter tube denotes the location of the curve of the tip. Check with your physician. In most cases, the curve of the tip should be in an upward position during insertion to allow the catheter tube to pass beyond the prostate.

B. FEMALES:

1. Clean urethral opening (meatus) and surrounding area.
2. With your non-dominant hand hold inner labia apart.
3. With your dominant hand, insert the introducer tip and catheter into the meatal opening. Hold it securely in place with your non-dominant hand.
4. Grasp the catheter tube through the bag an inch below the housing with your dominant hand and begin advancing the catheter into the urethra at 1" to 1.5" intervals.
5. Continue advancing until the catheter reaches the bladder, and urine begins to flow. Allow urine to flow until the bladder is empty or the bag is full.
6. When urine drainage is complete, slowly and gently withdraw introducer tip and catheter from urethra.
7. To empty the bag, Tear the bag open where it says "tear here to empty", tear downwards for best results. Pour out urine into toilet.
8. Dispose of catheter, bag and contents using normal acceptable clinical practice.
9. Wash hands after completion.
10. If you have any questions, please call (888) 511-4239.



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