



Step 7: With one hand spread the labia. Locate the urethral opening with the other hand. While holding the labia apart, use a soap and water soaked washcloth, or an antiseptic prep and wipe downward to cleanse the urethral opening. Continue to hold the labia apart with one hand after cleansing.

Step 8: While still holding the labia apart with one hand, use the other hand to grasp the catheter at the funnel and gently guide the catheter into the urethral opening. A mirror may be placed to help locate the opening. Carefully advance the catheter at 1 to 1.5" intervals until urine begins to flow.

Step 9: When urine begins to flow, advance the catheter another inch to ensure that the catheter is situated in the center of the bladder. Allow fluid to drain into the toilet or other receptacle.



Step 10: Withdraw the catheter slowly. Additional fluid may drain as the catheter is withdrawn.



Step 11: After use, this product may be a potential biohazard. Handle and dispose of in accordance with accepted medical practice and applicable laws and regulations.



Step 12: Wash hands with mild soap and running water, or hand sanitizer. Wipe dry.

Note: Manual pressure on the lower abdomen near the end of the catheterization procedure may ensure that the bladder has completely emptied.

Some suggested positions for catheterization



Sitting in a wheelchair



Using a toilet

Intermittent Catheter



Consult instructions for use.

Storage: Exposure to elevated temperature and ultraviolet light should be avoided during storage.



Sterilized using ethylene oxide.



Do not re-sterilize.



Do not reuse.



33°F (T)
120°F (49°C)

Lower/Upper limit of temperature: 33°F/120°F.



Do not use if package is damaged.



Keep away from sunlight.



Keep dry.



Does not contain DEHP.

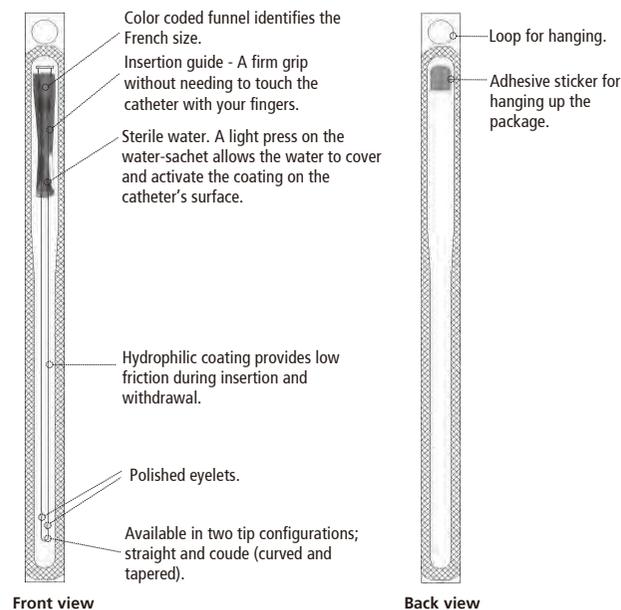
INTERMITTENT CATHETER INSTRUCTIONS FOR USE

These instructions apply to the use of the following MTG Hydrophilic Coated Intermittent Catheters:

81108-10	Intermittent Catheter, PVC, Hydrophilic coating, straight tip, polished eyes, Pediatric 8FR-10FR (10").
81112-16	Intermittent Catheter, PVC, Hydrophilic coating, straight tip, polished eyes, Male 12FR-16FR (16").
81212-14	Intermittent Catheter, PVC, Hydrophilic coating, straight tip, polished eyes, Male Soft 12FR-14FR (16").
81412-14	Intermittent Catheter, PVC, Hydrophilic coating, straight tip, polished eyes, Female 12FR-14FR (7.5").
81608-10	Intermittent Catheter, PVC, Hydrophilic coating, coude tip, with indicator line, polished eyes, Pediatric 8FR -10FR (10").
81612-16	Intermittent Catheter, PVC, Hydrophilic coating, coude tip, with indicator line, polished eyes, 12FR-16FR (16").
81712-16	Intermittent catheter, PVC, Hydrophilic coating, coude tip, with indicator line, polished eyes, Soft 12FR-16FR (16").

Description

A range of sterile, single-use hydrophilic coated catheters to be introduced into the patient's bladder via the urethra and used for urine drainage. Manufactured from clear polyvinyl chloride (PVC) and polyvinylpyrrolidone (PVP) incorporating the following features:



Front view

Back view

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Indications for use

The MTG Hydrophilic Intermittent Catheter is indicated for intermittent catheterization of the bladder for individuals who are unable to produce a natural urine flow or for individuals who have a significant volume of residual urine following a natural bladder voiding episode. The catheter is inserted into the urethra to reach the bladder, allowing urine to drain.

Contraindications

The product is forbidden for use if the patient has acute urethritis, acute prostatitis, acute epididymitis, and acute urinary tract bleeding or injury.

Warnings

To help reduce the potential risk of infection and/or other complications, do not re-use. After use, this product may be a potential biohazard. Handle and dispose of in accordance with accepted medical practice and applicable laws and regulations. If discomfort or any sign of trauma (bleeding) occurs, discontinue use immediately and consult your doctor.

Precautions

1. Urethral catheter, for urological use only.
2. Sterile if package is unopened or undamaged.
3. Self-catheterization should only be prescribed by a clinical practitioner and only in accordance with instructions provided. You should always follow the plan of care and advice given by your healthcare professional. Generally for urethral intermittent self-catheterization (ISC), it is typical to catheterize at least 4 times a day at 4-6 hour intervals. If you are unsure about your catheterization, please contact your the healthcare professional who prescribed these catheters for you.
4. Prior to use of this device, be sure to read (i) the complete information on how to use this device including Warnings, Precautions, Note and Instructions for Use, and (ii) all other package inserts and labels supplied with the product and accessories.
5. Please consult your doctor before using this product if any of the following conditions are present: severed urethra, unexplained urethral bleeding, pronounced stricture, false passage, urethritis - inflammation of the urethra, prostatitis - inflammation of the prostate gland, epididymitis - inflammation of the epididymis (testicle tube).
6. The indwelling time of MTG Hydrophilic Intermittent Catheter is about 1-3 minutes. When urine drainage is complete, slowly withdraw catheter from urethra.

Note: Store boxes in a cool and dry place.

Instructions (Male)

The MTG Hydrophilic Intermittent Catheter becomes slippery when wet. For added convenience, this catheter includes a sterile water sachet. The following descriptions detail the correct procedure to catheterize the bladder using MTG Hydrophilic Coated Intermittent Catheters:



Step 1: Wash hands with mild soap and running water, or hand sanitizer. Wipe dry.



Step 2: Fold the water sachet towards the packing film and press it.



Step 3: Unfold the catheter and shake the package from side to side so that the water flows over the entire surface of the catheter to activate the coating. Repeat this process 5-6 times.



Step 4: Adhere the catheter on a smooth surface such as a wall or to the side of a wash basin. Or, hang the catheter from a hook (packing paper towards the wall). Place the package near the toilet or within reach of where catheterization is to occur.



Step 5: Let the catheter soak for 30 seconds. Then, tear the see-through packaging film until the funnel is exposed.



Step 6: Wash hands with mild soap and running water, or hand sanitizer. Wipe dry.



Step 7: Cleanse the penile glans (head) with a soap and water soaked washcloth, or with an antiseptic towelette.



Step 8: Using your dominant hand, remove the catheter from the package by grasping the blue, touch-free sleeve. Carefully introduce and advance the catheter into the urethra at 1 to 1.5" intervals.



Step 8A: When using Coude tip catheters, ensure the indicator on the funnel is facing upwards as you advance the catheter through the urethra. This will also ensure that the tip of the catheter is properly positioned to face upwards and pass beyond the prostate gland.



Step 9: If you encounter any resistance during insertion, never forcibly advance the catheter. Rather, hold the penis at a 90° angle from the body as shown and gently advance the catheter until resistance subsides. If you continue to encounter resistance, consult your medical professional.



Step 10: When urine begins to flow, hold the penis in a downward position to allow for urine to drain into the toilet or other receptacle. Advance the catheter one additional inch to ensure that the catheter is situated in the center of the bladder.



Step 11: When urine drainage is complete, twist and withdraw the catheter an inch or so. In some cases, a bit of remaining fluid will then flow from the tube.



Step 12: Hold the penis upwards again and gently withdraw the catheter.



Step 13: After use, this product may be a potential biohazard. Handle and dispose of in accordance with accepted medical practice and applicable laws and regulations.



Step 14: Wash hands with mild soap and running water, or hand sanitizer. Wipe dry.

Note: Manual pressure on the lower abdomen near the end of the catheterization procedure may ensure that the bladder has completely emptied.

Some suggested positions for catheterization



Using a toilet



Instructions (Female)

The MTG Hydrophilic Coated Intermittent Catheter becomes slippery when wet. For added convenience, this catheter includes a sterile water sachet. The following illustrations describe how to self-catheterize using this product:



Step 1: Wash hands with mild soap and running water, or hand sanitizer. Wipe dry.



Step 2: Fold the water sachet towards the packing film and press it.



Step 3: Unfold the catheter and shake the package from side to side so that the water flows over the entire surface of the catheter and activates the coating. Repeat this process 5-6 times.



Step 4: Adhere the catheter on a smooth surface such as a wall or to the side of a wash basin. Or, hang the catheter from a hook (packing paper towards the wall). Place the package near the toilet or within reach of where catheterization is to occur.



Step 5: Let the catheter soak for 30 seconds. Then, tear the see-through packaging film until the catheter funnel is exposed.



Step 6: Wash hands with mild soap and running water, or hand sanitizer. Wipe dry.